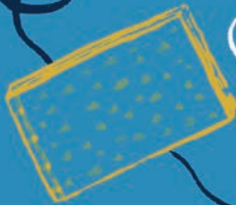


A Slapdash
guide to

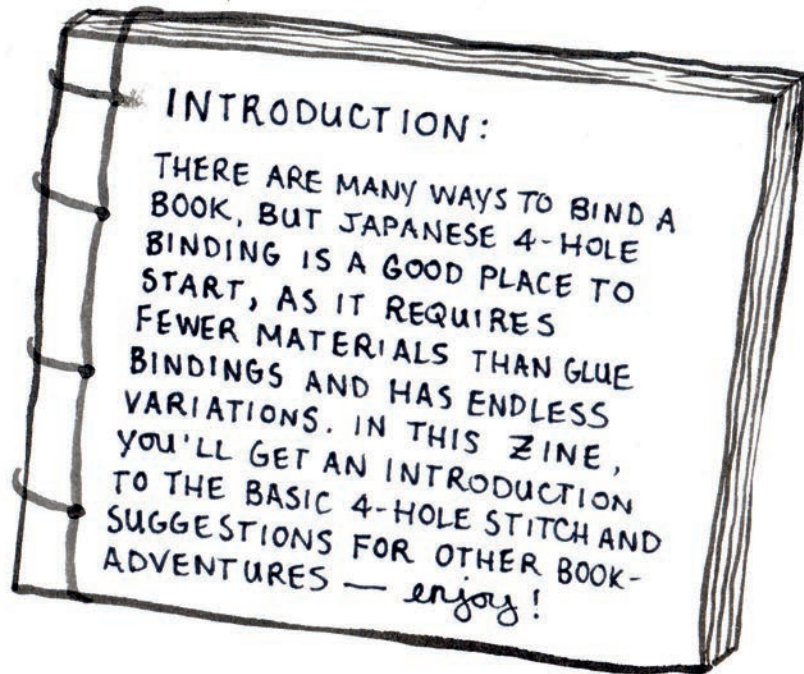
Japanese
four-hole
binding



AN ABRIDGED ANATOMY



ALL THE PAGES STACKED
TOGETHER ARE CALLED
THE BOOK BLOCK



WHAT YOU'LL NEED:

- PAPER
- A RULER (METAL + CORK-BACKED IS BEST)
- AN X-ACTO KNIFE
- SCISSORS
- A BINDER'S NEEDLE (OR LARGE EMBROIDERY NEEDLE)
- AN AWL
- BINDER'S THREAD (OR A LENGTH OF EMBROIDERY THREAD SPLIT IN HALF)
- LARGE BINDER CLIPS
- BEESWAX (FOR WAXING THE THREAD)
- A BONE FOLDER*

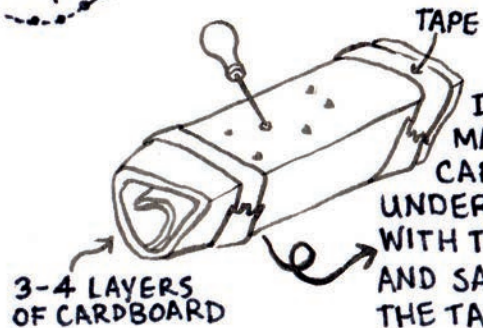


* USED TO SCORE PAPER SO IT FOLDS MORE EASILY

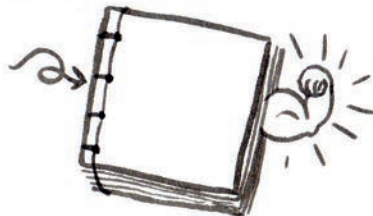


MINE LOOKS A BIT LIKE THIS!

TIPS + TRICKS



I FIND IT USEFUL TO MAKE A MULTI-LAYERED CARDBOARD BASE TO SIT UNDER THE BOOK I'M PIERCING WITH THE AWL - IT'S STEADIER AND SAFER FOR YOUR HANDS AND THE TABLE!



GETTING STARTED:



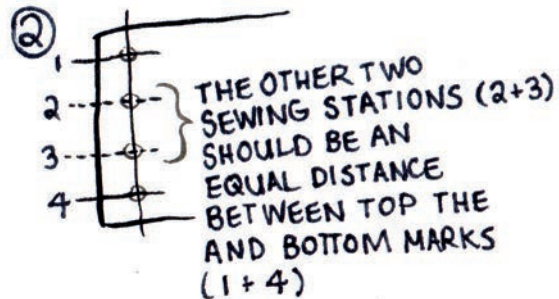
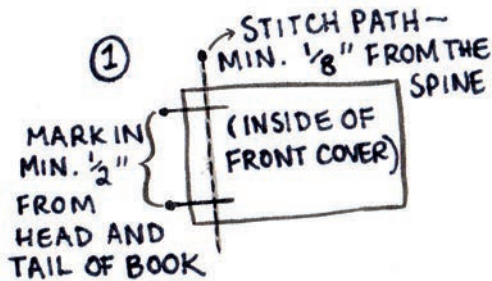
CHOOSE THE SIZE OF YOUR BOOK!
IT CAN BE ANY SIZE/SHAPE, BUT KEEP
IN MIND THE MEASURING/MARKING



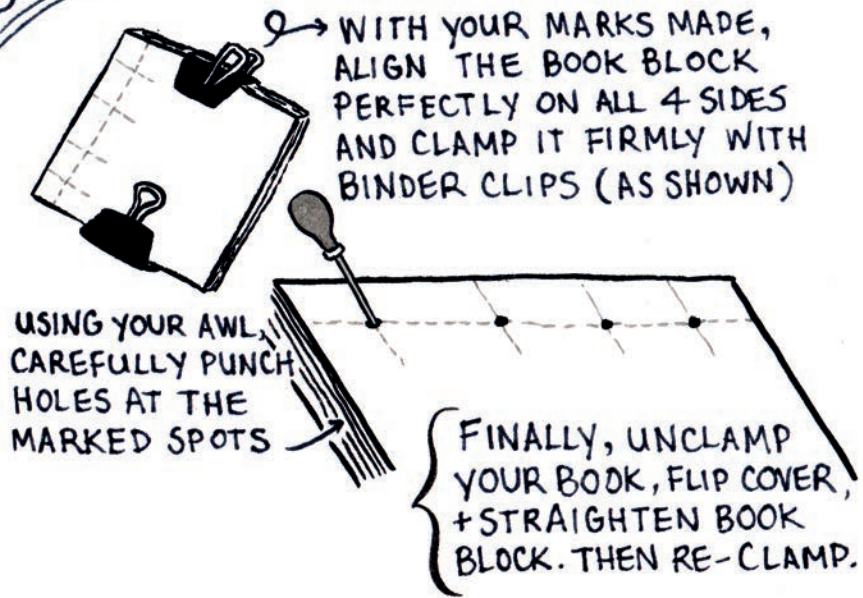
SINCE THE BOOK IS MADE FROM A
STACK OF SINGLE PAGES, YOU CAN HAVE
AS MANY DIFFERENT PATTERNS,
'TEXTURES, COLOURS, ETC. THRILLS!

MEASURING AND MARKING

SOME EASY BOOK HEIGHTS
FOR MARKING ARE
2.5", 4", + 5.25"

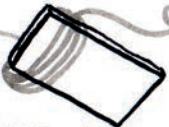


GET READY



GO!

TO BEGIN, CUT A LENGTH OF THREAD THAT'S 4x THE HEIGHT OF YOUR BOOK (I DO THIS BY WRAPPING THE THREAD 4x AROUND MY BOOK BLOCK).

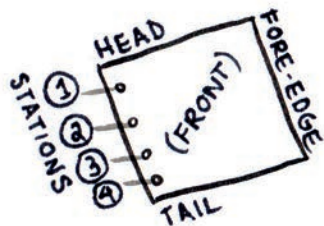


WAX YOUR THREAD SO IT GOES THROUGH THE AWL-HOLES MORE EASILY — HOLD IT FIRMLY AGAINST THE CHUNK OF BEESWAX AND PULL THE THREAD ACROSS SLOWLY.

DO THIS 3-4x.



TIME TO BIND!



① TIE A STURDY KNOT AND PULL NEEDLE THROUGH STATION 2 FROM BACK TO FRONT

② WRAP THREAD AROUND SPINE, PULL NEEDLE BACK THROUGH 2 TO THE FRONT

③ PULL NEEDLE THROUGH STATION 1, THREAD WILL BE OUT THE BACK

④ WRAP THREAD AROUND THE SPINE AND BACK THROUGH 1, THEN AROUND THE HEAD (TOWARDS THE BACK). PULL NEEDLE OUT STATION 2 (IT WILL BE OUT THE FRONT)

⑤ DOWN THROUGH STATION 3, UP THROUGH 4

⑥ WRAP AROUND SPINE, BACK OUT STATION 4 TO THE FRONT OF THE BOOK

⑦ WRAP AROUND TAIL OF BOOK, PUT BACK OUT STATION 4 TO FRONT OF BOOK

⑧ PUT NEEDLE BACK THROUGH STATION 3 AND WRAP AROUND SPINE - THREAD WILL BE OUT THE BACK

⑨ PULL THREAD BACK THROUGH 2. THREAD WILL BE OUT THE FRONT

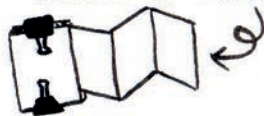
⑩ TIE A NEAT KNOT TO FINISH THE STITCHING OFF!

ta-da! Your
spine should look like
THIS →
hello!
I am a book
(on both sides)

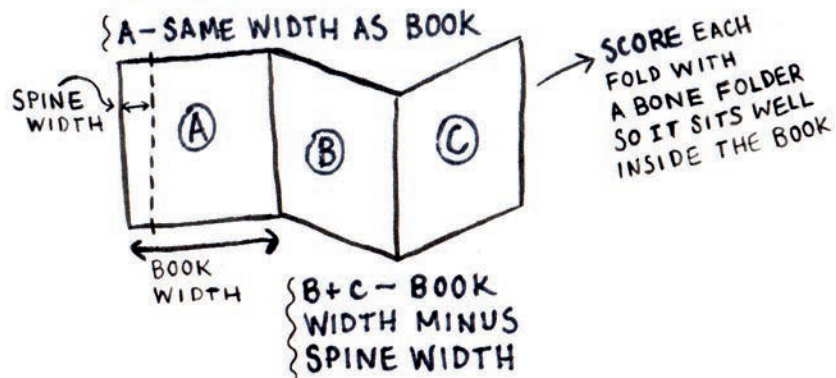


ONCE YOU'VE GOT
THE BASICS, TRY
PLAYING WITH
FOLDOUTS AND
WEIRD PAPER
SIZES!

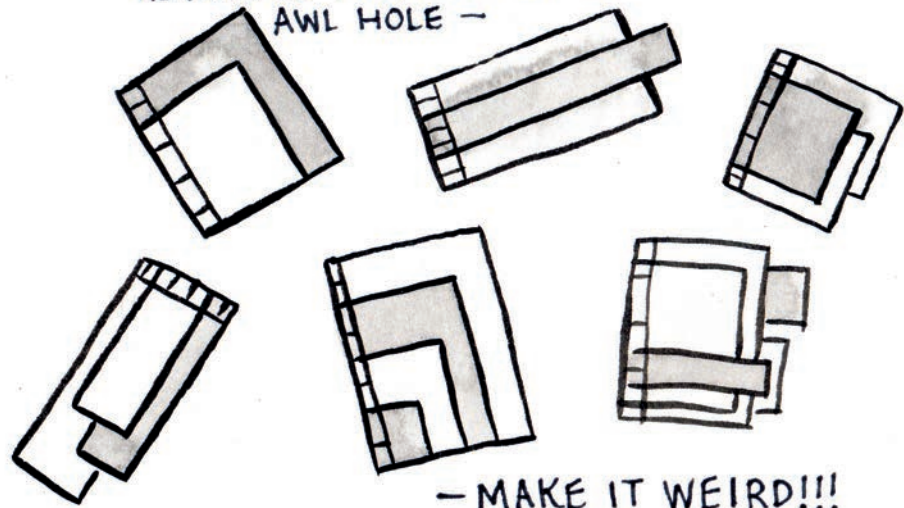
TIP: WHEN BINDING, PUT
FOLDOUT IN DESIRED SPOT
+ LEAVE IT FOLDED OUT
WHEN STITCHING.



MEASURING A FOLDOUT:



YOU CAN BIND ALL SORTS OF PAGE SIZES
AS LONG AS THEY LINE UP WITH AN
AWL HOLE -



- MAKE IT WEIRD!!!

OH THE STITCHES YOU
CAN STITCH...

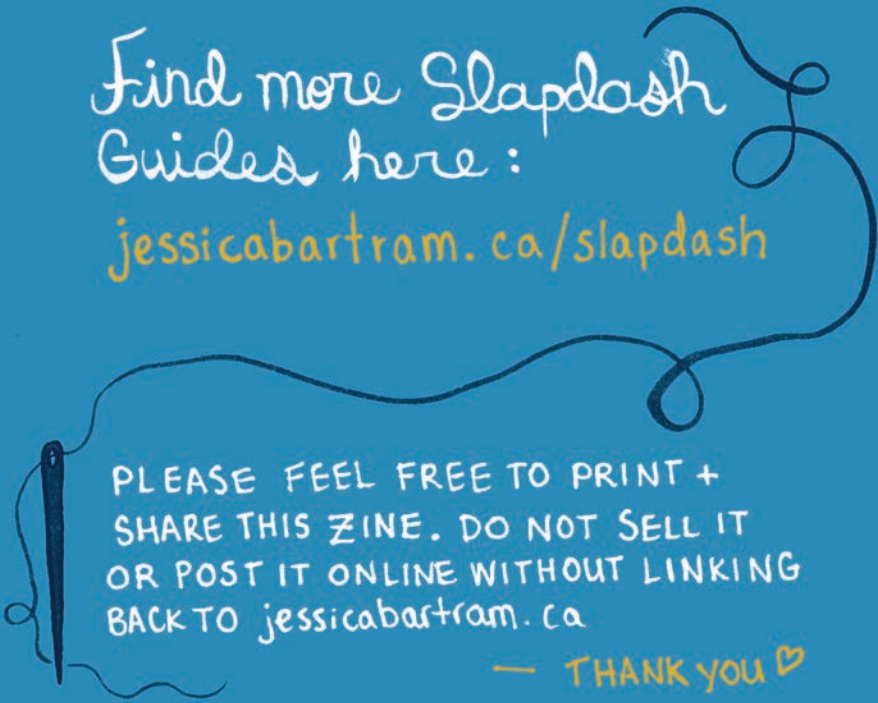
ONCE YOU'VE GOT THE BASIC 4-HOLE
STITCH IN HAND, TRY EXPLORING
OTHER SHAPES - PINTREST + GOOGLE
HAVE SOME GREAT TUTORIALS IF YOU
SEARCH FOR THEM!



*THESE ARE
ALL REFERENCED
FROM GOOGLE!

Find more Slapdash
Guides here:

jessicabartram.ca/slapdash



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SHARE THIS ZINE. DO NOT SELL IT
OR POST IT ONLINE WITHOUT LINKING
BACK TO jessicabartram.ca

— THANK you ♡